Personal Information: Azizeh Farshbaf-Khalili

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Nationality: Iranian

Marital status: married

Academic rank: PhD by Research, Assistant professor of nutrition, Physical Medicine & Rehabilitation Research Center, Nutrition Research Center, Tabriz University of Medical Science

BSc degree in midwifery, Tabriz University of Medical Science

MSc degree in maternal and child health, Tabriz University of Medical Science

PhD degree in Nutritional Science

Title of dissertation: The effect of fish oil supplementation on maternal and infant outcomes: A randomized controlled trial

**Translated books**

1-Guideline: Intermittent iron supplementation in preschool and school-age children.

2-Guideline: Calcium supplementation in pregnant women.

3-Guideline: Vitamin A supplementation in pregnant women.

4-Guideline: Vitamin D supplementation in pregnant women.

5-Guideline: Vitamin A supplementation in pregnancy for reducing the risk of mother-to-child transmission of HIV.

6-WHO guidelines WHO guidelines for screening and treatment of precancerous lesions for cervical cancer prevention.

7-Essential Nutrition Actions: improving maternal, newborn, infant and young child health and nutrition.

8-Guideline: DAILY IRON SUPPLEMENTATION IN INFANTS AND CHILDREN.

9- Guideline: use of multiple micronutrient powders for point-of-use fortification of foods consumed by pregnant women.

10- Diagnostic Criteria and Classification of Hyperglycaemia First Detected in Pregnancy

**11-**M a n a g i n g p r o l o n g e d a n d o b s t r u c t e d l a b o r. E d u c a t i o n m a t e r i a l f o r t e a c h e r s o f m i d w i f e r y : M i d w i f e r y e d u c a t i o n m o d u l e s - 2 n d e d i t i o n . (2008) ,(Online Published)

12-Education material for teachers of midwifery/Midwifery education modules-second edition/foundation module- The midwife in the community. ,(Online Published)

13-Education material for teachers of midwifery/Midwifery education modules-second

edition/managing postpartum hemorrhage. ,(Online Published)

14-Education material for teachers of midwifery/Midwifery education modules- second edition/ Managing incomplete abortion

15-Education material for teachers of midwifery/Midwifery education modules- second edition/managing eclampsia

16-Intermittent iron and folic acid supplementation in non-anaemic pregnant women.

17-Intermittent iron and folic acid supplementation in menstruating women.

**Teaching experiences**

Undergraduate: Maternal and child nutrition, Family health, research methods, obstetrics and

gynecology (in field), Family planning.

Post graduate: Writing article, advanced research methods, biostatistics

**Papers**

1. Does aromatherapy with lavender affect physical and psychological symptoms of menopausal women? A systematic review and meta-analysis
2. The effect of clomiphene citrate, herbal mixture, and herbal mixture along with clomiphene citrate on clinical and para-clinical parameters in infertile women with polycystic ovary syndrome: a randomized controlled clinical trial. Archives of Medical Science.;16(1).
3. Anticancer effect of bacteria on cervical cancer: Molecular aspects and therapeutic implications
4. Low Serum Selenium Levels in Iranian Women with Idiopathic Primary Ovarian Insufficiency: A Case-Control Study
5. Faulty posture: Prevalence and its relationship with Body Mass Index and Physical Activity among female adolescents
6. Psychometric Properties of the Iranian Version of a Perinatal Anxiety Screening Scale (PASS) in Iranian Perinatal Populations: A Methodological study
7. The effect of oral capsule of curcumin and vitamin E on the hot flashes and anxiety in postmenopausal women: A triple blind randomised controlled trial
8. Purinergic Signaling in Spinal Cord Injury Induced-Neurogenic Bladder: A Mini-Review Study
9. Nutrition knowledge and attitude in medical students of Tabriz University of Medical Sciences in 2017–2018
10. The effect of Mullein capsule on uterine leiomyomas volume and the amount of menstrual bleeding: A randomized controlled trial
11. The Effect of Herbal Medicine Supplementation on Clinical and Para-clinical Outcomes in Women With PCOS: A Systematic Review and Meta-analysis
12. Effect of Tribulus terrestris L. on sperm parameters in men with idiopathic infertility: A systematic review
13. The Effectiveness of Herbal Mixture Supplements with and without Clomiphene Citrate in Comparison to Clomiphene Citrate on Serum Antioxidants and Glycemic Biomarkers in Women with Polycystic Ovary Syndrome Willing to Be Pregnant: A Randomized Clinical Trial
14. Screening of depression in overweight and obese pregnant women and its predictors
15. Comparing the effectiveness of Salvia officinalis, clotrimazole and their combination on vulvovaginal candidiasis: A randomized, controlled clinical trial.
16. Marital Adjustment and Its Relationship with Religious Orientations Among Iranian Infertile and Fertile Women: A Cross-Sectional Study
17. Quality of Life Specified for Polycystic Ovary Syndrome and its Relationship With Nutritional Attitude and Behavior.
18. Performance conditions of breast cancer screening methods and its efficient factors among women referring to health centers of Tabriz.
19. Effects of zinc and magnesium supplements on postpartum depression and anxiety: A randomized controlled clinical trial
20. Breast cancer screening (breast self-examination, clinical breast exam, and mammography) in women referred to health centers in Tabriz, Iran.
21. Sexual function in breastfeeding women in family health centers of Tabriz, Iran, 2012
22. Comparison of the effects of lanolin, peppermint, and dexpanthenol creams on treatment of traumatic nipples in breastfeeding mothers.
23. Cervical cancer screening in women referred to healthcare centres in Tabriz, Iran
24. Relationship of Zinc and Magnesium Serum Levels with Postpartum Depression in Tabriz-Iran.
25. The association between pre-pregnancy obesity and screening results of depression for all trimesters of pregnancy, postpartum and 1 year after birth: a cohort study
26. Association of the folic acid consumption and its serum levels with preeclampsia in pregnant women.
27. Comparison of the effect of lavender and bitter orange on depression in menopausal women: a triple-blind randomized controlled trial.
28. Effect of combined inhaler aromatherapy on sexual function in postmenopausal women: a randomized controlled trial.
29. A comparison of second and third generations combined oral contraceptive pills’ effect on mood
30. Comparison of the effect of lavender and bitter orange on anxiety in postmenopausal women: A triple-blind, randomized, controlled clinical trial
31. Effects of fish oil supplementation on gestational diabetes mellitus (GDM): a systematic review
32. Behavioral prevention regarding sexually transmitted infections and its predictors in women
33. The effect of hypericum perforatum vaginal gel in treatment of bacterial vaginosis.
34. The effect of perinatal fish oil supplementation on neurodevelopment and growth of infants: a randomized controlled trial.
35. Comparison of the effect of lavender and bitter orange on sleep quality in postmenopausal women: a triple-blind, randomized, controlled clinical trial
36. The effect of fish oil supplementation on maternal and neonatal outcomes: a triple-blind, randomized controlled trial.
37. The impact of ginkgo biloba tablet and aromatherapy inhaler combination on sexual function in females during postmenopausal period: A double-blind randomized controlled trial.
38. The Effects of Combined Low-Dose Oral Contraceptives and Vitex Agnus on the Improvement of Clinical and Paraclinical Parameters of Polycystic Ovarian.
39. Status of breast self-examination performance among women referring to health centers of Tabriz, Iran.
40. Factors related to cervical cancer screening among women referring to health centers in Tabriz, Iran 2012
41. The relationship between diet and postpartum depression in postpartum women in Tabriz
42. Effect of Hypericum perforatum L. compared with metronidazole in bacterial vaginosis: a double-blind randomized trial.
43. Reasons for choosing the traditional method (withdrawal) as contraception among women in Tabriz/Iran
44. Down syndrome screening methods in Iranian pregnant women
45. First case report of Rett syndrome in the Azeri Turkish population and brief review of the literature
46. Comparing the effects of the second-and third-generation oral contraceptives on sexual functioning
47. Strengths and weaknesses of clinical education settings from the viewpoint of midwifery students and educators of Tabriz University of Medical Sciences
48. Job motivation and its relationship with sexual attitude among Iranian sex workers
49. The efficacy of lemon balm (Melissa officinalis L.) alone and combined with lemon balm—Nepeta menthoides on premenstrual syndrome and quality of life among students.
50. Effects of second and third generation oral contraceptives on lipid and carbohydrate metabolism in overweight and obese women: a randomized triple-blind controlled trial
51. Relationship between season of conception, birth and other predictors in women with eclampsia referring to Alzahraa and Taleghani hospitals in Tabriz, Iran, 2007-2012
52. Emergency contraception: providers’ knowledge and attitudes and their relationship with users’ knowledge and attitudes at public health centers/posts of Tabriz
53. Maternal and neonatal metabolic outcomes of Vitamin D supplementation in gestational diabetes mellitus: A systematic review and meta-analysis
54. The effect of prebiotic vaginal gel with adjuvant oral metronidazole tablets on treatment and recurrence of bacterial vaginosis: a triple-blind randomized controlled study.
55. Fish-oil supplementation and maternal mental health: a triple-blind, randomized controlled trial
56. Comparing the Effect of Garlic, Zataria multiflora and Clotrimazole Vaginal Cream 2% on Improvement of Fungal Vaginitis: A Randomized Controlled Trial.
57. The effect of fish oil supplementation on serum phospholipid fatty acids profile during pregnancy: a double blind randomized controlled trial.
58. Effect of sesame and sweet almond oil on the prevention of striae and itching caused by it in primiparous women: a randomized controlled trial
59. Sexual satisfaction in women using medical methods of contraception to prevent pregnancy in Tabriz
60. The Effects of Intravenous Hydration on Amniotic Fluid Index in Pregnant Women with Preterm premature Rupture of Membranes: A Randomized Clinical Trial
61. Socio-demographic predictors of midwives’ knowledge and practice regarding preconception care
62. Sesame, sweet almond & sesame and sweet almond oil for the prevention of striae in primiparous females: A triple-blind randomized controlled trial
63. The Relationship Between Marital Adjustment And Thinking Styles In Infertile Women Referred To Alzahra Hospital, Tabriz-2014
64. Preventive Behaviors Related to Women's Genital Tract Infections
65. The effects of lemon balm (melissa officinalis l.) alone and in combination with nepeta menthoides on the menstrual bleeding in students with premenstrual syndrome: A …
66. The relationship of iron deficiency anemia with preterm delivery in pregnant women referred to health centers of Tabriz: a case-control study
67. Clinical breast exam, and mammography in women referred to health centers in Tabriz, Iran
68. Comparison Of Short-Term Memory Quotient (Smq) Between Smoker And Non-Smoker Men
69. Knowledge Regarding Sexually Transmitted Infections and Socio-Demographic Predictors in Women with High-Risk Sexual Behaviors
70. Association between Antenatal and Postpartum Depression and Anxiety with Weight Retention 1 Year after Childbirth: A Longitudinal Study.
71. The effect of counseling on menstrual hygiene, physical activity, and nutritional status of female adolescent students: a randomized controlled Field Trial
72. Attitude of midwives', suggested solutions and current problems of preconception care
73. Effect of Zinc Supplement on Prevention of PPROM and Improvement of some Pregnancy Outcomes in Pregnant Women with a History of PPROM: A Randomized Double-Blind Controlled Trial
74. The relationship of nutritional regime with postpartum depression in women
75. Attitudes of midwives, midwifery students and mothers towards home birth
76. The Effect of a Lifestyle-Based Training Package on Weight Gain and Frequency of Gestational Diabetes in Obese and Overweight Pregnant Females
77. Intimate Partner Violence During the First Year After Childbirth in an Urban Area of Iran: Prevalence and its Predictors
78. Is fish oil supplementation effective on maternal serum FBS, oral glucose tolerance test, hemoglobin and hematocrit in low risk pregnant women? A triple-blind randomized …
79. The impact of the Ginkgo Biloba tablet and aromatherapy inhaler combination on sexual function in postmenopausal women: a randomized controlled trial
80. The effect of intravenous hydration on latency period
81. The impact of Supplementation With Fish Oil on Lipid Profile of Pregnant Mothers: A Randomized Controlled Trial
82. Awareness about sexually transmitted and other infections of the reproductive tract, risk factors and other predictors in women
83. Association Of The Serum Levels Of Folic Acid With Preeclampsia
84. Effect Of Lidocaine Gel On Pain From Copper IUD Insertion: A Randomized Dobell Blind Controlled Trial
85. Worldwide distribution of HLA-B27 and Behcet Disease: a systematic review and meta-analysis
86. An Evidence-Based Glance at Domestic Violence Phenomenon in Early Marriages: A Narrative Review
87. The Effect of Sexual Counseling Based on PLISSIT Model on Sexual Function of Pregnant Women: A Randomized Controlled Clinical Trial
88. Supportive Care Needs in Females With Breast Cancer Under Chemotherapy and Radiotherapy and its Predictors
89. The Relationship between Spirituality and Mental Health in HIV-Positive Patients: A Cross-Sectional Study.
90. Evaluation the Some Aspects of ICDL in-Service Trainings from the Viewpoints of Administrators and Personnel of Tabriz University of Medical Sciences and Health Services
91. Non-alcoholic Fatty Liver Disease and its Predictive Factors Among High-Risk Employees of Health Insurance Organization in Tabriz, Iran.
92. Assessment of Primary Osteoporosis Status in Postmenopausal Women of Tabriz and effect of three interventions (Curcumin-nanomicelles, Nigella Sativa oil, and Curcumin-nanomicelles & Nigella sativa oil soft capsules) on Cellular- Molecular and Clinical Outcomes: A Study Protocol.
93. Prevalence of Sexual Dysfunction in Women Referred to Health Centers of Guilan-Iran and its Predictors: A Cross-Sectional Study.
94. The Effect of Motivational Interviewing on Women with Overweight and Obesity before Conception.
95. The Effect of Motivational Interviewing on Dietary Intake and Weight Changes among Preconception Women with Overweight and Obesity: A Randomized Controlled Trial.
96. Pre-natal and post-natal anxiety in relation to pre-pregnancy obesity: a cohort study on Iranian pregnant women.
97. Association of quality of life with physical activity, depression, and demographic characteristics and its predictors among medical students.
98. Levels And Predictors Of macronutrients In Mature Human Milk.
99. Short-term Outcomes of Launching Donor Human Milk Bank in Neonatal Intensive Care Unit: A Retrospective Study.
100. Health-promoting lifestyle and quality of life in affected and unaffected menopausal women by primary osteoporosis

**Conference papers**

More than 60 presented papers

**Patent: 2 registered patent**

**Workshop:** Administrator of 15 workshop and conference, presentation in different workshops and conferences.

**Thesis:** Supervisor or advisor of 77 thesis of MSc, MD, or assistant medical students.

**Research proposal:** Administrator or main researcher of 120 research projects.

**Reviewer of different international and national journals, proposals, and thesis.**

**Research interests:** Maternal and child health and nutrition, Osteoporosis.